

**Final Year PG Ayurveda Degree Regular/Supplementary
Examinations February 2025**

(Panchakarma)

Paper III – Basti Karma and Nasya Karma

(2016 Scheme)

Time: 3 hrs

Max marks: 100

- **Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space**
- **Answer all parts of a single question together • Leave sufficient space between answers**

Essay

(20)

1. Write definition, indications, contraindications and mode of administration of Uttara Basti in male.

Short essays

(8x10=80)

2. Describe Basti as Ardha-Chikitsa.
3. Explain the indications and contraindications of Matra Basti.
4. Describe the ingredients and benefits of Vaitharana Basti.
5. Explain the benefits of Pratimarsha Nasya in the present era.
6. Discuss the utility of Nasya karma in Shirashoola.
7. Describe Nasya Vyapats and their management.
8. Discuss Yapanam Basti definition, benefits and two yogas.
9. Describe the drugs, method, usage and complications of Avapeeda Nasya.
